

Morrisville Aquatics & Fitness Center

(919) 463-6900



Daily Pass

Adult (15-54 yrs):
Seniors (55+) and Children (3-14 yrs):
Children under 3 with a paying Adult

Residents

\$4
\$2
Free

Non-Residents

\$6
\$3
Free

Punch Passes (15 daily visits)

Adult (15-54 yrs)
Senior (55+ yrs)
Child (3-14 yrs)

Residents

\$55
\$25
\$25

Non-Residents

\$85
\$40
\$40

*Punch Passes are valid for 12 months. They may be used for other appropriate visitors as long the pass holder is present.

Membership Fees

| | <u>1 year</u> | | <u>1Month</u> | | <u>Monthly bank draft</u> | |
|-------------------------|---------------|----------------|---------------|-------------|---------------------------|---------------|
| Adult (23-54 yrs) | \$210 (R) | \$263 (NR) | \$30 (R) | \$35 (NR) | \$20 (R) | \$25 (NR) |
| Corporate Adult | | \$231 (Corp) | | \$32 (Corp) | | \$22 (Corp) |
| Senior (55+ yrs) | \$158 (R) | \$197 (NR) | \$22 (R) | \$26 (NR) | \$15 (R) | \$19 (NR) |
| Young Adult (15-22 yrs) | \$158 (R) | \$197 (NR) | \$22 (R) | \$26 (NR) | \$15 (R) | \$19 (NR) |
| Child Add-on (3-14yrs) | \$ 60 (R) | \$ 80 (NR) ea. | \$ 8 (R) | \$10 (NR) | \$ 6 (R) | \$ 8 (NR) ea. |

*We are a HealthWays Prime and Silver Sneakers facility. Ask about eligibility and memberships.

***Refund requests** for 1 year (paid in advance) membership fees require proof of medical documentation stating inability to participate or take part in physical activity or relocation of no less than 15 miles radius from MAFC. Approved refunds should be pro-rated based on months remaining in membership minus a \$5.00 administrative fee. No refund requests for Monthly (paid in advance) membership fees or punch passes will be accepted, for any reasons.

***Bank drafts** are done on the 15th of every month beginning with the second 15th after initial enrollment and payment. The initial enrollment fee is one month's fee plus \$0.50/day. Bank draft memberships shall be for a minimum of 4 months and can be canceled at any time after the first 4 months with a written request at least 14 days prior to requested date. Medical hardships are at the discretion of the Director of Parks, Recreation & Cultural Resources.

***Membership card replacement Fee: \$5**

Hours of Operation

Monday - Thursday 6:00am - 9:00pm
Friday 6:00am - 7:00pm*
Saturday 9:00am - 5:00pm
Sunday 1:00pm - 5:00pm

* *until 9:00pm on Friday's during summer months*

Pool Hours

Monday - Thursday 6:00am - 8:30pm*
Friday 12:00pm - 6:30pm
Saturday 9:00am - 4:30pm
Sunday 1:00pm - 4:30pm

* *Closed for Maintenance Mondays & Wednesdays 10:00am - 12:00pm,
Space for Lap and Rec swim will be extremely limited during evening programs.*

MAFC Amenities

- **Year-round 4 lane 25-yard Swimming Pool & Wading Pool** which provides time for lap & recreational swim, swim lessons for infants to adults of all skill levels, as well as water exercise
- **Cardio Equipment** including treadmills, elliptical, various bikes, rower, and stair mill
- **Free Weights & Universal Machines** for toning & strengthening with tracking charts and free equipment orientation to members
- **Aerobics Studio** includes many instructional classes: Tai Chi, Teen Fit, Kidokinetics and Karate; as well as many *free fitness classes* including: Core, Step, Spin, Spice, Pilates, Yoga, Cardio Funk, Boot Camp, Cardio Kickboxing and Total Body Conditioning, to name a few
- **Three Tennis courts** with instructional classes available
- **Two Racquetball Courts** with clinics, challenge ladders, leagues, and tournaments
- **Outdoor Basketball Court**
- **Locker rooms & showers** with daily lockers available
- **Sauna**
- **Conference/training room**
- **Free Wi-Fi**
- **Xbox Kinect**



General:

- All visitors are required to check in at the reception desk for each visit to the Aquatics & Fitness Center.
 - All members/pass holders must present their own valid membership card or punch pass.
 - Daily participants are to show proof of residence and pay the appropriate rate to use the Center.
- Pets are not allowed in the facility with the exception of trained service dogs.
- This facility is a smoke-free environment.
- Glass containers are not allowed in this facility. All food should be eaten in the lobby or the outside picnic areas. Capped plastic water or sport drink bottles are allowed in workout areas.
- Lockers are available at Aquatics & Fitness Center for daily use only. Participants must provide their own locks and they should be removed at the conclusion of each visit.
- The Town of Morrisville and the Parks, Recreation & Cultural Resources Departments are not responsible for lost or stolen items.
- Any users 12 years and under must be accompanied and supervised by an adult at all times. Those children have access to the pool, tennis courts, racquetball courts, basketball court and open field.
- Participants under 18 should be signed in by a guardian and are requested to use court 2 when playing racquetball unless with a guardian.
- For safety reasons, the Aquatics & Fitness Center requests that bags and cell phones are not taken on the fitness floor. Cell phone usage is restricted in locker rooms and exercise equipment. Cell phones should only be used in the lobby or outside.
- It is expected that all participants clean up after themselves. This includes everything from returning weights & all fitness equipment, wiping off equipment after use, discarding used bottles & trash, turning off showers & faucets, and picking up personal belongings. Thank you for helping us with keeping our community centers clean!
- Proper athletic attire including shirts & athletic shoes must be worn in the fitness areas at all times. Wet bathing suits, jeans, cut off shorts, baggy or loose pants/skirts, work boots, and sandal type shoes are prohibited in all fitness areas.
- Protective eyewear and wrist cords should be worn during racquetball play. Non-marking rubber soled shoes are required.
- Participants should report any personal injuries, equipment malfunctions or any specific concerns immediately to a staff member.
- Profanity, abuse of equipment, unsportsmanlike conduct or failure to comply with the rules and regulations of Aquatics & Fitness Center may result in suspension from the facility.
- Respecting all staff and their duty to enforce these rules is expected. We are here to make sure everyone has an enjoyable experience at the Aquatics & Fitness Center.



REFUND POLICY:

All refund and cancellation requests must be submitted in writing. Refund requests for 1 year (paid in advance) membership fees require proof of medical documentation stating inability to participate or take part in physical activity or relocation of no less than 15 miles radius from MAFC. Approved refunds should be pro-rated based on months remaining in membership minus a \$5.00 administrative fee. No refund requests for Monthly (paid in advance) membership fees or punch passes will be accepted, for any reasons. Bank drafts are done on the 15th of every month beginning with the second 15th after initial enrollment and payment. The initial enrollment fee is one month's fee plus \$0.50/day. Bank draft memberships shall be for a minimum of 4 months and can be canceled at any time after the first 4 months with a written request at least 14 days prior to requested date. Medical hardships are at the discretion of the Director of Parks, Recreation & Cultural Resources. Membership card replacement Fee: \$5

Fitness:

1. We strongly recommend that any user consult with their physician before beginning any exercise program. We want to make sure you keep "your body and heart in your mind" when exercising.
2. The fitness floor (2nd floor) is available to members and daily users ages 15 and up.
3. Participants (11-14yrs) in the "Teen Fit" class may accompany their parents on the fitness floor M-Th 6am-5:30pm, Fri, Sat, & Sun anytime. Participants (11-14yrs) can accompany a guardian to a fitness class if there is room (less than 15 adults).
4. For sanitation reasons, proper personal hygiene should be observed and all members must wipe off all equipment after use.
5. Use of stereo/music in this facility is a privilege and should be done so respectfully.
6. **The fitness room is not always supervised and you are exercising at your own risk.** For your safety, we recommend using a spotter when lifting weights.
7. Equipment is limited; please remember to allow other users access to the weight machines & limit your cardio use to 30 minutes when individuals are waiting.
8. When using a treadmill the safety clip should be worn and the belt should begin moving before you begin walking or running.
9. Participants are required to return weights & all fitness equipment, wiping off equipment after use, discarding used bottles & trash, and picking up personal belongings.

Pool:

1. Children 12 and under must be accompanied by an adult while at the pool.
2. Children under 7 must have an adult supervising them in the water at all times.
3. Children over 7 are not allowed in the wading pool. When using the wading pool, children must have adult supervision.
4. Adults and scheduled programs have first priority in lap lanes.
5. Appropriate swim wear is requested for all users. Babies must wear plastic or rubber pants with elastic leg bands or swim diapers. If your child has an accident, please report it to a lifeguard immediately.
6. Inflatable floatation devices are prohibited. All other flotation devices must be securely attached to the swimmer.
7. For the safety of all our users, please remember to walk while on the pool deck; running is not allowed.
8. Please enter the water feet first. Due to shallow depths, diving is not permitted.